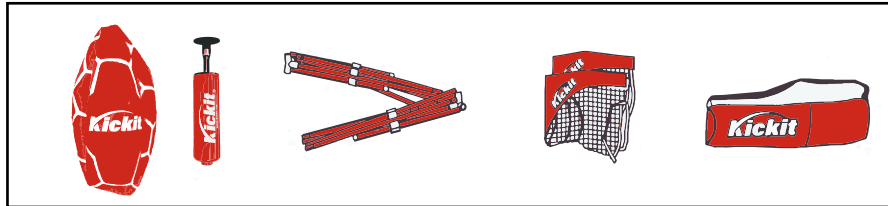
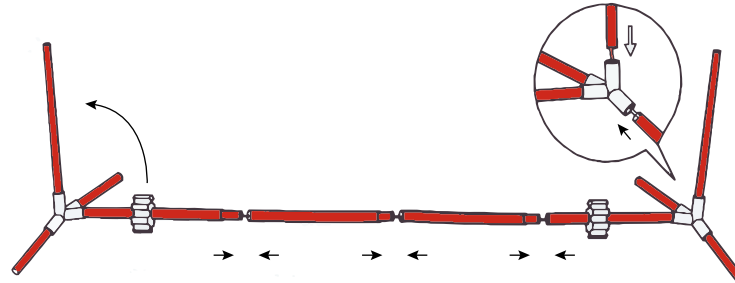


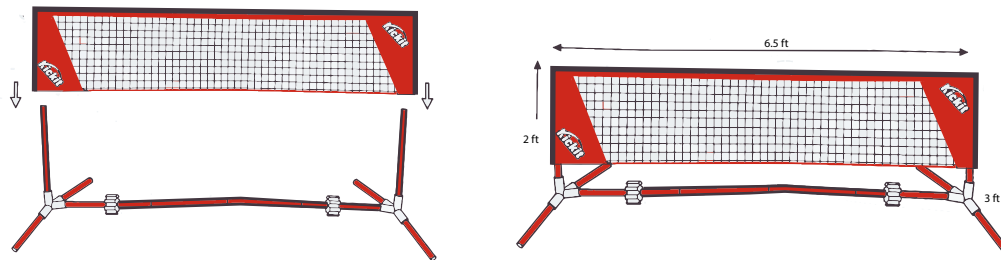
# KICKIT FOOTBALL-TENNIS INSTRUCTIONS



**1**

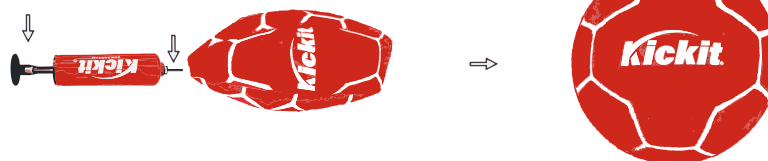


**2**



**3**

Needle in Handle



1. Vary air pressure according to skill level / desired difficulty.
2. More air = More Challenging
3. 75-90 pumps for optimal air pressure
4. 135+ pumps for maximum difficulty
5. Remove needle from pump and insert back into ball to deflate.

Watch it in action and check out our videos!



@kickitsport



YouTube

www.kickit.net

For Support, contact us at: support@kickit.net